

Rapid Access Chest Pain Clinic – direct referral from ED

Aim: Rapid assessment of patients with suspected exertional angina as an outpatient. A patient with suspected stable angina (i.e. exertional chest pain relieved by rest/GTN) may be referred directly from the ED to have an urgent outpatient assessment with a consultant with a Cardiology doctor or nurse practitioner.

The patient must satisfy **all the inclusion criteria** and not have any of the exclusion criteria

Inclusion Criteria for RACPC:

- Referral discussed with ED ST4+ or Consultant
- Exertional chest pain relieved by rest
- Patients with chest pain that sounds ischaemic in origin and ACS has been excluded
- Patients with a normal ECG (non-specific abnormalities/ old LBBB acceptable) and troponin <3 or less than 7ng rise in serial troponin
- Patients with evidence of chronic IHD and no dynamic ECG changes over time and negative troponins if not currently under Cardiology.

Exclusion criteria for RACPC:

- Patients with non-cardiac chest pain
- Patients with ACS
- Patients with chest pain at rest (should be referred to the medics)
- Patients with uncontrolled hypertension: SBP >180 or diastolic >100mmHg. GP to manage and refer to RACP once controlled, if symptoms continue.

Please add a lipid profile and glucose to the patient's blood tests.

Notes:

- *Email RACPC referral form to clinic on RACPCreferral@nhs.uk for review by RACPC nurse specialist – copy of the notes is not needed*
- *If there are any difficulties emailing, then please ring the clinic on extension 6182*
- *Once the patient has been reviewed in RACPC, a management plan will be formulated and sent to the GP – there will be no feedback to the ED.*
- *The clinic aims to see all patients within two weeks*
- *Please consider discharging patient on medical therapy for stable angina from the ED e.g. Aspirin, Bisoprolol, Simvastatin and GTN if patient has typical anginal symptoms.*

Referral Form - Rapid Access Chest Pain (Emergency Care)

Patient Details	
(Place ID label here)	Date of Referral:
	Referred by:
	Home Tel:
	Mobile /Daytime Tel.
	Language
Does the patient require an interpreter Y <input type="checkbox"/> N <input type="checkbox"/>	
GP Details	
GP:	Postcode:
Practice Address	Telephone:
CLINICAL INFORMATION (please TICK all applicable entries)	
Symptoms	Risk
Constricting discomfort of the chest, arms, jaw, neck, shoulders?	Smoker?
Precipitated by physical exertion?	Current Cholesterol level
Relieved by rest of GTN with about 5 minutes?	Diabetes
All inclusion criteria outlined above met?	
<p>Please note:</p> <p>1. If the above criteria are not met but you feel a RACPC review is still warranted this must be discussed with Sally Wilson Ext 6182 or email sally.hickford@nhs.net</p> <p>2. Patients with other cardiac conditions should be referred to cardiology outpatients unless as discussed above</p>	
PAST MEDICAL HISTORY	
MEDICATION	
ADDITIONAL CLINICAL DETAILS	

Email referral to: khft.RapidAccessChestPainClinicReferrals@nhs.net