

EMERGENCY CONTRACEPTION

Affix patient label here

Date of visit		LMP ¹	
Date and time of UPSI		Day in cycle of UPSI	
Hours since UPSI ²		Cycle range?	
Reasons for UPSI		UPSI earlier in cycle? ³	
Current or past illness		Previous use PCC	
Drugs (refer to list over page)		Future contraception	
Condoms offered/given		Condom demonstration done	

Additional comments

- 1. If greater than 28 days since LMP) For pregnancy test if appropriate
- 2. If greater than 72 hours) Refer to doctor
- 3. If answer yes) and consider IUD

If she is under 16 make sure she is Fraser competent: i.e. she understands the advice given; she cannot be persuaded to inform her parents or allow the nurse to inform them that she is seeking contraceptive advice; unless she receives contraceptive advice or treatment her physical or mental health or both are likely to suffer; the girl's best interests require the nurse/doctor to give her contraceptive advice, treatment or both without parental consent.

FRASER COMPETENT ε

Leaflet discussed with reference to:

Action of method	ε	Irregular bleeding/pain	ε	Percentage of expected pregnancies prevented	ε
Possible vomiting	ε	Risk to fetus (none)	ε	95% if taken within 24hrs	
Risk of ectopic pregnancy	ε			85% if taken 25-48hrs	
				58% if taken 49-72hrs	

Leaflet given ε

SEXUAL HISTORY

Regular partner	Y/N	For how long?
No. sexual partners in last 3 months		Discussed STI screen Y/N
		Urine Chlamydia & GC test done Y/N

FOLLOW UP

Advised to return in 3 weeks if period absent or abnormal? Y/N

PRESCRIPTION: Levonelle pack (1 tablet stat)

NURSE SIGNATURE.....**Print name**.....

DOCTOR SIGNATURE..... / OR F.P.Nurse under PGD ε

Please ensure you code the back of the notes P3A/1

The Wolverton Centre

Hepatic enzyme inducers If patient is taking any of these drugs please discuss with doctor and give extra tablet of Levonelle-2 with 1 st dose (i.e. 2 tablets stat & 1 tablet 12 hours later)	Contraindications
Barbiturates	- Acute porphyria
Phenytoin	- Severe jaundice and hepatic damage
Carbamazepine	
Ritonavir	
Rifampicin	
St John's wort	

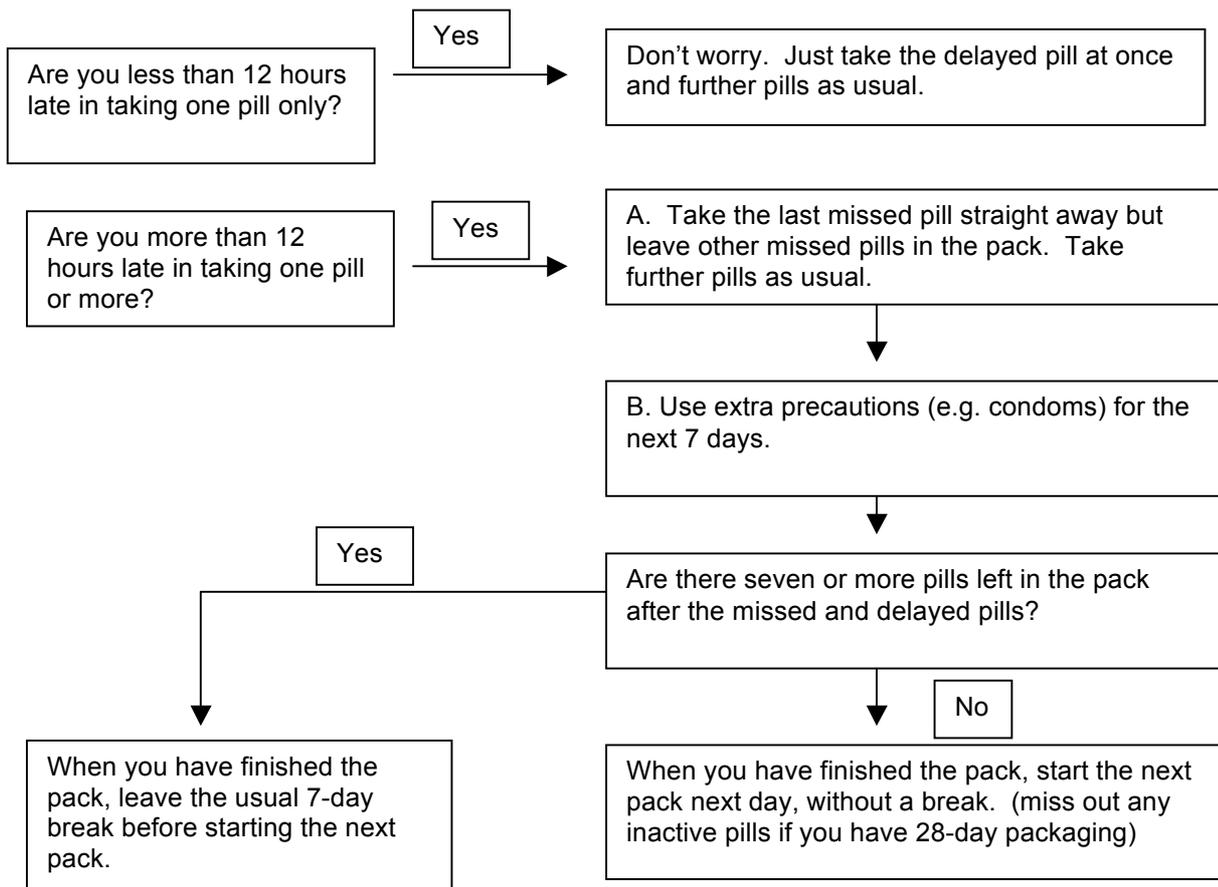
Discuss with doctor

Cyclosporin (blood levels may be increased by Levonelle 2)

Additional information

Missed pill advice

If missed pill taken within 12 hours for the COCP(3 hours for POP) no need for emergency contraception. If one or more missed pills, take last missed pill and discard previous missed pills and continue with remaining pill packet. If less than 7 pills left take next pill packet without 7-day break. If more than 7 pills left continue as normal. Use condoms for 7 days.



Emergency contraception is needed if UPSI occurs and if;

- 1) 7 day break is lengthened to 9 days by missing 2 or more pills at beginning or end of pack (if taking biphasic or triphasic COCP consult a doctor for advice).
- 2) 4 or more pills missed mid packet.