

## **Non pregnant acute pelvic pain presenting to A&E**

### **Fast track pathway for discharge from A&E out of hours (1900-2000)**

Patient assessed as always with history and examination including speculum and bimanual examination. Investigations: FBC, CRP and vaginal and endocervical swabs

#### **Eligible criteria:**

Patient is not pregnant and presents with lower abdominal pain

No gastrointestinal or urinary symptoms

Observations are stable and pain manageable and does not need morphine or IV analgesia

Abdominal exam – no acute abdomen- (no tenderness, rebound or guarding)

Bimanual examination reveals no adnexal tenderness or cervical excitation

#### **Exclusion criteria:**

Observations abnormal

Signs of acute abdomen (exclude surgical causes like appendicitis)

Tenderness or cervical excitation on bimanual examination

#### **Pathway:**

Call maternity reception and book for a scan next day. (if scan not available for next day DW gynae SHO).

**Patients having exclusion criteria should be seen by Gynae SHO ASAP**