

REDUCING DOSE OF RELIEVER INHALERS FOR CHILDREN OVER 5 YEARS

PATIENT'S NAME:

Your child has been prescribed an inhaler to help their breathing. The medicine inside the inhaler is known as a bronchodilator, commonly known as a reliever, which will open up your child's airways and help relieve their breathing difficulties. When your child initially came in they may have needed larger quantities to ease their work of breathing but now that has improved the amount of medicine needed (dosage) can be reduced.

You will be given a device called a spacer to administer the inhaler. A nurse will show you how to use it.

INHALER.....

STRENGTH.....

10 PUFFS 6 TIMES A DAY, FOR 2 DAYS, THEN

10 PUFFS 4 TIMES A DAY, FOR 2 DAYS, THEN

10 PUFFS 3 TIMES A DAY, FOR 2 DAYS, THEN

10 PUFFS 2 TIMES A DAY, FOR 2 DAYS, THEN

USE AS REQUIRED

If at any stage your child experiences difficulty in breathing following a reduction in the dose then go back to the previous dose. If breathing difficulties continue seek medical advice.

Inhaler technique demonstrated/checked by.....

Prescribed by.....