

## South West London & Surrey Trauma Network Vertebral Column Injuries.



This document aims to set the standard for the trauma network when treating patients who have sustained a vertebral column injury (VCI).

Some major trauma patients with VCIs can be appropriately managed and cared for at a trauma unit (TU). This document outlines the services available across the network in the TUs and is aimed to guide both the MTC and the TUs when treating patients with VCIs.

### Standards:

- Patients referred to the MTC should always be referred via the “refer a patient” system
- Images should always be transferred via IEP
- Patients with a spinal cord injury or poly- trauma patients should continue to be transferred up to the MTC
- Any governance issues will be recorded and reviewed via the network’s incidents management procedure
- On-going advice is available to all TUs via MTC Spinal MDT meeting (weekly, Fridays at 8am). Cases to be discussed should be referred to Panagiotis Zoumprouli ([Panagiotis.Zoumprouli@stgeorges.nhs.uk](mailto:Panagiotis.Zoumprouli@stgeorges.nhs.uk)) or Cristina Lupu ([Cristina.Lupu@stgeorges.nhs.uk](mailto:Cristina.Lupu@stgeorges.nhs.uk))
- TUs are welcome to attend the weekly Spinal MDT

Hospital	Name of Spinal Surgeon	Details of surgical Case mix	Details of outpatient follow up available (Y / N)	Details of supporting therapy services (collars and TLSO) Y / N
Frimley Park Hospital	<ul style="list-style-type: none"> <li>Mark Thomas</li> <li>Sri Chatakonda</li> <li>Adam Way</li> <li>Sarmand Kazzaz</li> </ul>	<p>All degenerative work except scoliosis surgery. Happy to take on urgent MSCC/trauma fixation as well.</p> <p>Will not operate on C0-C2 fractures.</p>	All have purely spinal OPD clinics with urgent and elective slots	Interactive physio team who manage collars/TLSO braces. Outpatient network under FPH umbrella for OPD collar care (FORT team)
St Helier Hospital	<ul style="list-style-type: none"> <li>Will Burgoyne</li> <li>Chris Hulme</li> <li>Tony Bateman (Locum started 4 Jan 2016)</li> </ul>	<ul style="list-style-type: none"> <li>Cervical anterior/posterior</li> <li>Thoracic posterior</li> <li>Lumbar posterior</li> <li>Fluoroscopically guided injections</li> <li>Vertebroplasty for vertebral compression fractures</li> </ul>	Limited capacity for urgent (<2 weeks) referrals. Spinal clinics held Monday, Wednesday, Thursday and Friday weekly. Wednesday clinic (Mr Hulme) is general fracture clinic, but spinal injuries can often be expedited to this clinic	<ul style="list-style-type: none"> <li>Can provide rigid TLSO's</li> <li>But these often take several days and only available at non acute Epsom site. Physiotherapy available at all sites – however, limited access to spinal therapists.</li> </ul>
St Peters Hospital	<ul style="list-style-type: none"> <li>Oscar Garcia-Casas</li> <li>Vish Prasad</li> </ul>	<p>All degenerative both cervical and thoracolumbar. No adult or paediatric deformity.</p> <p>Urgent spinal trauma without spinal cord injury.</p> <p>Will not operate on C0-C2 fractures.</p>	Spinal OPD clinics. Spinal fracture clinic for urgent cases	Physio team who manage collars/TLSO braces.
Royal Surrey Hospital	<ul style="list-style-type: none"> <li>Guy Paremain</li> </ul>	No VCI trauma service	No VCI trauma service	Senior Physiotherapists and trauma nurse take the leading the initial fitting of MJC and TLSO. HOST team manage collar care in community
Kingston Hospital	<ul style="list-style-type: none"> <li>No spinal surgeon</li> </ul>	No service available	No service available	Physios – can fit collars and TLSOs

East Surrey Hospital	<ul style="list-style-type: none"> <li>• Hugh Maurice</li> <li>• Mr Inaparthi.</li> </ul>	Happy to take on urgent MSCC/trauma fixation Can stabilise cervical thoracic or lumbar fractures.	Dedicated spinal clinics	<p>Have bracing facilities including halo vests, neck collars, and tiso brace.</p> <p>Also @Home for community collar/TLSO care.</p>
Croydon University Hospital	<ul style="list-style-type: none"> <li>• Michael Kotrba</li> <li>• Awaiz Ahmed</li> </ul>	<p>All degenerate work, Cervical ACDs, No C0 – C2 fractures or scoliosis, Balloon Kyphoplasty all levels with/without fixations (percutaneous/mini open) if required. Mini / open dorso ventral fusions lumbar. Interspinous stabilisations. Injection therapies whole spine</p>	Spinal OPD clinics as well as fracture clinics available with urgent slots if required.	<p>Physiotherapy provided as required</p> <p>Physios – fit collars and teach collar care to relatives/carers Either Orthotist/Physio fit TLSO braces.</p>